



WHY UWL SOCCER CAMP

UWL Soccer Camps provide players with the unique and elite soccer camp experience they are looking for. The location of La Crosse gives us the opportunity to attract players from Iowa, Minnesota, Wisconsin and beyond. The professionalism of our staff and the culture we create at UWL is what sets our camps apart from the rest. Certified athletic trainers will be present for all activities.

FACILITIES

All activities and trainings will take place at UWL's state of the art facilities. Housing will be in UWL's Eagle Hall. Meals will take place in UWL's new Student Union which opened in January 2017.



CAMP STAFF

JASON MURPHY Coach Murphy has been at UWL for three seasons – leading UWL to their first ever NCAA appearance in 2015. Coach Murphy has been a collegiate head coach for seven years, assistant for four years, and been to four sweet 16 appearances.

NICOLE LUKIC has been an assistant at UWL for four seasons and also serves as director of coaching for Rush WI West. Nicole played collegiate soccer for UW-Milwaukee for four seasons.

CAMP STAFF will consist of former UWL players, college women's soccer coaches, and former D1 players.



WSOCCER.UWLCAMPS.COM

OR

CAMPS OFFICE AT 608.785.8193

athleticcamps@uwlax.edu



UW-La Crosse Athletics



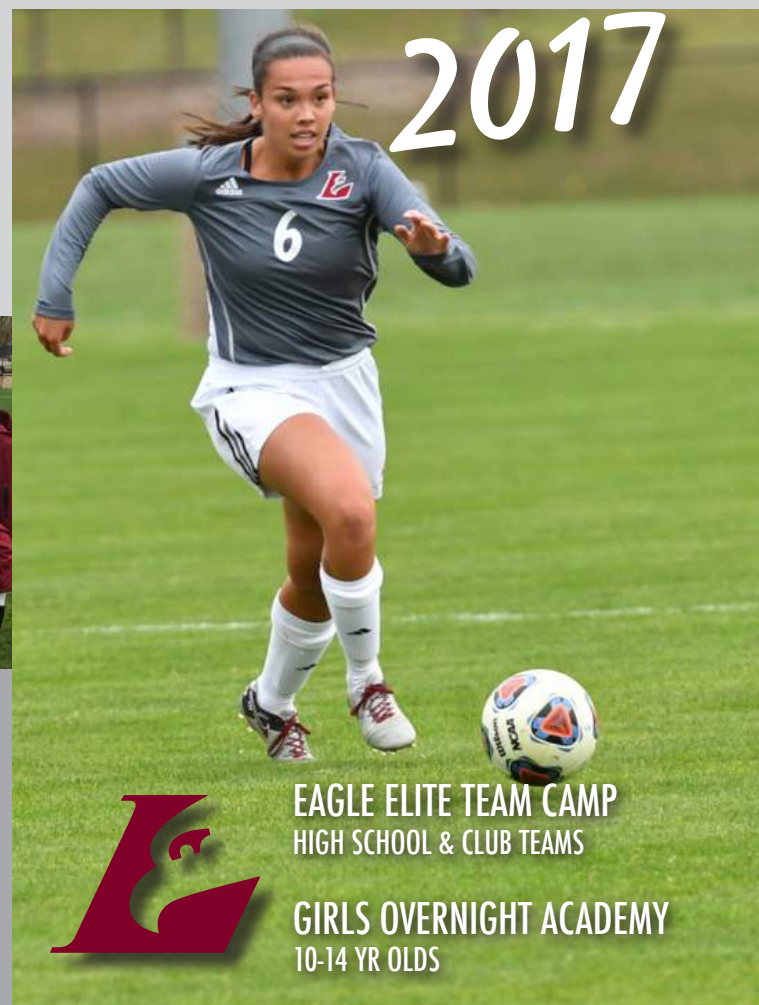
@UWLATHLETICS

UW-La Crosse is an affirmative action and equal opportunity employer and is in compliance with Title IX and section 504. Advise us at the time of registration if you desire special accommodations. Requests will be kept confidential.

UNIVERSITY OF WISCONSIN-LA CROSSE

INTERCOLLEGIATE ATHLETICS

GIRLS SOCCER CAMPS



EAGLE ELITE TEAM CAMP
HIGH SCHOOL & CLUB TEAMS

GIRLS OVERNIGHT ACADEMY
10-14 YR OLDS

JULY 21-23, 2017

WSOCCER.UWLCAMPS.COM

BUILDING CHAMPIONS.

In Sport. In School. In Life.

GIRLS SOCCER CAMPS

JULY 21-23, 2017

Registration form: Please print clearly
2017 GIRLS SOCCER CAMPS

EAGLE ELITE TEAM CAMP \$295 RESIDENT | \$275 COMMUTER

The Eagle Elite Team Camp is a residential camp for High School or U15-18 club soccer teams held at the University of Wisconsin-La Crosse. The camp will offer training sessions run by the collegiate women's soccer coaches, 7v7 games, 11v11 matches, beach soccer, classroom sessions (film, mental toughness, recovery, and nutrition), optional fitness sessions, pool recovery, and team building on our high ropes course. Camp will offer specialized goalie training.

All campers will get two shirts for training and matches.

DAILY SCHEDULE

- 7 a.m. Optional fitness session
- 8 a.m. Breakfast
- 9 a.m. Training session
- 11 a.m. Classroom session/activity
- 12 p.m. Lunch
- 1 p.m. Classroom session
- 2 p.m. 4v4 beach soccer
- 5 p.m. Dinner
- 6 p.m. Pool recovery
- 7 p.m. 7v7 or 11v11 games
- 9 p.m. Classroom session/activity
- 10 p.m. Lights out

GIRLS OVERNIGHT ACADEMY \$255 RESIDENT | \$215 COMMUTER

The UW-La Crosse Girls Overnight Academy is a residential camp for 10-14 aged girls looking to continue their development as a soccer player. Camp will be run by UWL coaching staff and other qualified soccer coaches. This camp is a great way for your daughter to develop her soccer skills while making new friends and being coached by fantastic female mentors. Camp will include training sessions, small sided games, 7v7 or 11v11 games, beach soccer, and a 3v3 tournament. Camp will offer specialized goalie training.






All campers will get a camp shirt.

DAILY SCHEDULE

- 7 a.m. Optional fitness session
- 8 a.m. Breakfast
- 9 a.m. Training session
- 12 p.m. Lunch
- 1 p.m. Beach soccer
- 4 p.m. Dinner
- 6 p.m. 7v7 or 11v11 games
- 8 p.m. Rooms
- 9 p.m. Lights out



WHAT TO BRING

- Cleats, indoor/tennis shoes  Shin guards  Water bottle  Rain gear
 Training apparel  Bed sheets/sleeping bag and pillow  Beach attire

Participant's Full Name _____

Current Grade _____ Age _____ Primary Position _____

Parent's/Guardian Name _____

Address _____

City/State/Zip _____

Emergency Phone _____ Alternate Phone _____

Email — necessary for confirmation and camp communication _____

Special needs for participant(s) _____

T-shirt size (Circle one):
 Youth: YS YM YL YXL Adult: S M L XL

Camp Attending:
 Elite Team Camp – High School & Club Teams (Lunch & Dinner included)
 \$295 Resident \$275 Commuter
 Girls Overnight Academy – 10-14 Year Olds (Lunch & Dinner included)
 \$225 Resident \$215 Commuter

Amount Enclosed: \$ _____

Check enclosed, made payable to UW-La Crosse

Detach completed form and send with payment to:
 UW-La Crosse Athletic Camps & Clinics
 110 Mitchell Hall | 1725 State. St. | La Crosse, WI 54601

REGISTER ONLINE FOR YOUR CONVENIENCE!
 Register online at: www.uwlcamps.com

Full registration can be taken online with your credit card. Online registration is provided by MyOnlineCamps. Online service charges apply and are NOT refundable by UW-La Crosse. Full payment is required with fully completed registration for both mail and online registration.

WAIVER: Registration implies permission for photos, publicity and inclusion in a participant list unless camp director is notified in writing prior to camp. By signing this form I agree to hold harmless and indemnify UW-La Crosse, their officers, agents, and employees from any and all liability, loss, damages, costs, or expenses which are sustained, incurred, or required arising out of the actions of my dependent in the course of the camp. I authorize that any medical, surgical, diagnostic and hospital procedures may be performed by a physician on my dependent if I cannot be reached in the event of an emergency.

Parent's/Guardian Signature _____ Date _____